

# OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday
2 Beef Ravioli w/Sauce Italian Blend Vegetables Side Salad Mixed Fruit	3 Turkey Mashed Potatoes Green Beans Pineapple Tidbits	4 Sloppy Joes Tater Tots Corn Mandarin Oranges	5 Cheesy Chicken & Rice Casserole Broccoli Carrots Tropical Fruit	6 Vegetable Strata Hash Browns Cinnamon Applesauce Blueberry Muffin
9 Creamed Chicken over Mashed Potatoes Peas & Carrots Tropical Fruit	10 Chef Salad w/Turkey Tomato, Cucumber Boiled Egg Pears	11 Hamburger Sweet Potato Puffs Corn Mandarin Oranges	12 Fish Sandwich French Fries Broccoli Applesauce	13 
16 Hamburger Casserole Peas Pears	17 Breaded Chicken Seasoned Red Potatoes Cauliflower Mandarin Oranges	18 Chicken Empanadas Mexican Rice Side Salad Peaches	19 Meatloaf Mashed Potatoes Carrots Mixed Fruit	20 Creamy Macaroni & Cheese Green Beans Brussel Sprouts Pineapple Tidbits
23 Tuna Noodle Casserole Peas Country Apples Mandarin Oranges	24 Chili Baked Potato Applesauce Crackers	25 Country Fried Steak Mashed Potatoes Mixed Vegetables Mixed Fruit	26 Chicken Parmesan Spaghetti Broccoli w/Cheese Side Salad Pears	27 Sausage Gravy over Biscuit Hash Browns Banana Pineapple Tidbits
30 Cobb Salad w/Tomatoes, Cucumber, Bacon Bits Boiled Egg Banana	31 Salisbury Steak Mashed Potatoes Peas Tropical Fruit			<b>NOTE:</b> Due to supply chain issues, menu items may not be available in time for delivery. Substitutions will be made as appropriate. Thank you for your patience during this difficult time.

**Menu subject to change.** This menu is for all Home-Delivered Meals, MOW and the lunches served at the Norwalk Center at 11(419-668-6245)  
And at the Willard Center at 11:30. (419-933-4701)