

# OCTOBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3 Beef & Broccoli Over rice carrots Pears	4 Tuna noodle Peas Apple Mandarin oranges	5 Rib patty Sweet potatoes Brussel sprouts Peaches <b>Willard B-day</b>	6 Country fried steak Mashed potatoes Green beans Applesauce	7 Chicken cacciatore w/ Diced Tomatoes California blend Pineapple
10 Pork chop Red potatoes Normandy blend Fruit cocktail	11 Hamburger Gravy Mashed potatoes peas Pears	12 Stuffed Pepper Bake Corn Warm country Apples	13 BBQ chicken leg Parsley potatoes Baked beans Tropical fruit <b>Norwalk B-day</b>	14 Closed Annual Training
17 Beef stew Baked potato Tropical fruit	18 Baked chicken breast California blend Whole Potato Fruit cocktail	19 Mac & cheese w/ ham Broccoli Tomato juice Peaches	20 Hamburger patty Texas fries Lima Beans Mandarin oranges	21 Cabbage Roll Mashed Potatoes Carrots Strawberry Applesauce
24 Salisbury Steak Peppers & onions mashed potatoes Warm Country Apples	25 Chicken & rice peas Squash Mandarin oranges	26 Meatloaf Red potato corn Pears	27 Sausage gravy hash browns with biscuit banana Pineapple	28 Chicken patty French fries coleslaw Tomato slices
31 Meatballs & Pasta Salad Green beans Orange				

**Menu subject to change.** This menu is for all Home-Delivered Meals, MOW  
and the lunches served at the Norwalk Center at 11:30 (419-668-6245)

And at the Willard Center at 11:30. (419-933-4701)

**You must be signed up by 12:30 the day before by stopping in or calling your center.**