

# OCTOBER 2021

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Sausage gravy hash browns Over biscuits banana Pineapple
4 Hamburger patty Texas fries Lima Beans Citrus salad	5 Egg omlet Fried potatoes Warm Country Apples Bagel	6 Rib patty Mashed potatoes Brussel sprouts Peaches Willard B-day	7 Beef stew Baked potato Tropical fruit	8 Roasted chicken California blend Whole Potato Fruit cocktail
11 Chicken & rice Peppers & onions Squash Pineapple	12 Meatloaf Red potato corn Pears	13 Chicken & waffles juice berries Tropical fruit	14 Turkey Mashed potatoes Carrots Apricots Norwalk B-day	15 Mac & cheese w/ ham Broccoli Tomato juice Peaches
18 chili w/ beans Fried potatoes apple pineapple	19 Chicken stew Over biscuit Asparagus applesauce	20 Pork loin Red potatoes Normandy blend Fruit cocktail	21 Hamburger Gravy Mashed potatoes peas Pears	22 Meatballs & Pasta Salad Green beans Orange
25 BBQ chicken leg Parsley potatoes Baked beans Tropical fruit	26 Country fried steak Mashed potatoes Prince Charles blend Apricots	27 Beef & Broccoli Over rice carrots Mandarin oranges	28 Sausage gravy hash browns Over biscuit banana Pineapple	29 Goulash Cauliflower Side salad peaches

**Menu subject to change.** This menu is for all Home-Delivered Meals, MOW  
and the lunches served at the Norwalk Center at 11:30 (419-668-6245)

And at the Willard Center at 11:30. (419-933-4701)

**You must be signed up by 12:30 the day before by stopping in or calling your center.**